

SAFEGUARDING FOR VOLUNTEERS



If you see something, say something

What is safeguarding?

Safeguarding is about protecting the health, wellbeing and human rights of individuals. These measures allow children, young people and adults at risk to live free from abuse, harm and neglect.

If you are volunteering to support family, friends and those in your community, your work is essential in ensuring those most at risk continue to receive the support they need.

Safeguarding Adults at Risk



An adult at risk is someone with care and support needs who is less able to protect themselves from abuse and neglect. Types of abuse to look out for include domestic abuse, financial abuse, modern slavery, psychological abuse, physical abuse, and neglect.

Safeguarding Children



If there are children in the home you are visiting, look out for signs of domestic abuse in the home, neglect, exploitation (including grooming or coercion), online abuse, physical abuse or sexual abuse.

What to look out for



- Unexplained bruising or injuries
- Shouting or verbal abuse where children are in the house
- Person presents as fearful, nervous to speak in front of partner/family members
- Person states someone is offering help for money but no real help being provided (e.g. scamsters)
- Living conditions which present as a fire risk

Do's and Don'ts

- | | |
|--|---|
|  Call the police if person is at immediate risk |  Confront the abuser |
|  Ask the person if they need help |  Ask the person what is going on if they are not alone |
|  Report your concerns even if you're not sure what's going on |  Try to offer solutions |

If you see or hear something that worries you, please speak to the safeguarding lead or central point of contact within your designated Hub for further advice.

- To report a concern about an adult at risk go to www.lambethsab.org.uk
- To report a concern about a child go to www.lambethsaferchildren.org.uk
- In an emergency, always dial 999

